



# **Floor Wardens Training Modules**

## **City of Long Beach**

### **Module 1 – AED/CPR Course**

4 hour training session

2 years certification card

Recommended Refresher – Annually

This module is the American Heart Association Heartsaver AED/CPR course. This course teaches the basic techniques of adult CPR and the use of an AED. Students also learn about using barrier devices in CPR and giving first aid for choking. The course teaches the student how to recognize the signs of four major emergencies: heart attack, stroke, cardiac arrest, and foreign-body airway obstruction. This course is designed for the lay responder/floor warden who may have a need to respond to a cardiac emergency. This module meets the California Health and Safety Code standards for AED training.

### **Module 2 - First Aid**

3 hour training session

3 years certification card

Recommended Refresher – Every 3 years

This module is a First Aid course which emphasizes skills of triage and emergency patient care including primary assessment, control of bleeding, shock, broken bones, burns, eye and head injury, wound care and splinting. Students are asked to demonstrate skills on other participants and are given a written examination. This course meets the standards for First Aid training as set by the Occupational Health and Safety Administration.

### **Module 3 – Bloodborne Pathogen**

3 hour training session

Certificate of Training Record

Recommended Refresher - Annually

This module is a Bloodborne Pathogen course that covers hazards of bloodborne pathogens, protective measures, and disease education, which meets requirements of Cal/OSHA and Title 8, Standard 5193. Training will include handouts (detailed outline, test, and certificate of training).

## **Module 4 – Bomb Threat Awareness & Fire Extinguisher Safety**

3 hour training session

Certificate of Training (Fire Extinguisher)

Recommended Refresher – Annually (Fire Extinguisher)

Recommended Refresher – Every 2 years (Bomb Threat Awareness)

This module is a Bomb Threat Awareness training covering bomb threat paraphernalia and what to do if you receive a bomb threat. Class should be taken every two years. Class duration is approximately 1 hour.

This module covers workplace fire safety and hands on fire extinguisher training. Class should be taken annually per OSHA requirements. Class duration is approximately 2 hours.

## **Module 5 – Life Safety, Earthquake & Evacuation**

4 hour training session

Certificate of Training

Recommended Refresher – Every 2 years

This module will provide training on how to properly implement stairway evacuations including the use of the stair chairs (evacuation chairs). Training will also provide guidance on simple triage and rapid treatment techniques such as evacuation of people by doing head to toe assessment and establishing a medical treatment area.

## **Module 6– Weapons of Mass Destruction**

2 1/2 hour training session

Certificate of Training

Recommended Refresher – Every 3 years

This module cover basic information regarding weapons of mass destruction including: types, symptoms, medical treatment, and dissemination methods.